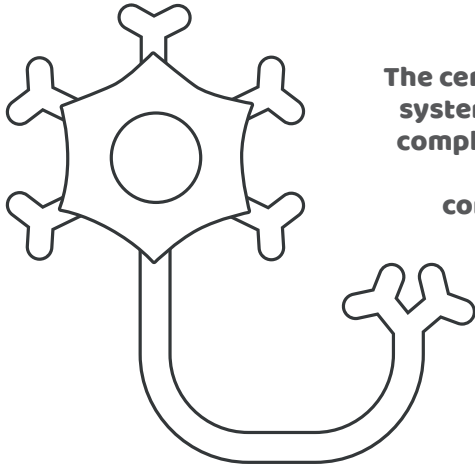


# Nervous System Facts



## 10 Fun Facts About The Nervous System!

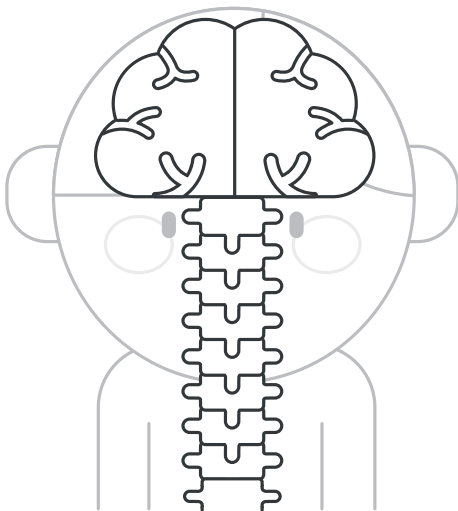
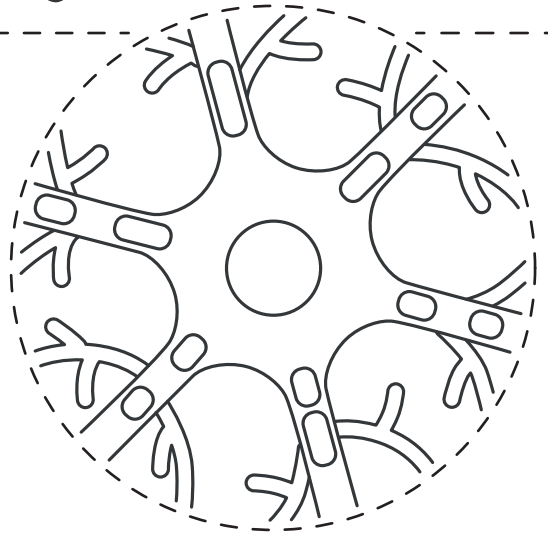


The central nervous system is the most complex organ and the body's communication system.



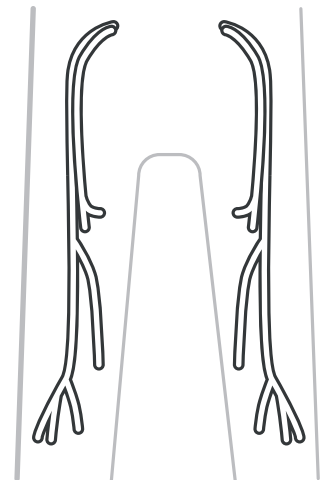
Through electrical signals, the human nervous system controls your body functions, your movements, thoughts, and automatic responses to the world around you.

Neurons, also known as nerve cells, are the basic unit of the nervous system and send and receive electrical signals from your brain to other cells.



The nervous system has two main parts: the brain and spinal cord. The peripheral nervous system is made up of nerves that branch off from the spinal cord and extend to all parts of the body.

The sciatic nerve is the longest nerve in the human body. It starts in the lower back and runs down to the back of each leg.

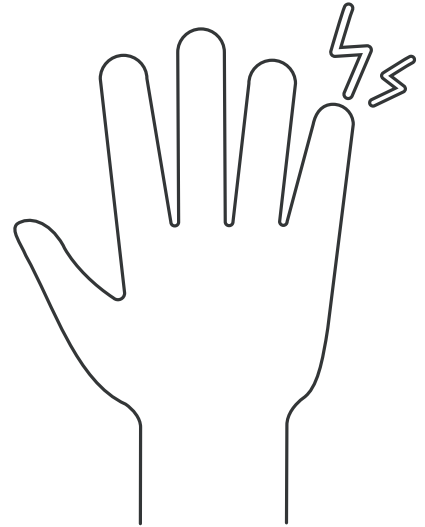


# Nervous System Facts

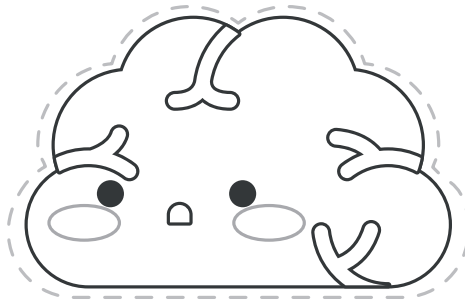


## 10 Fun Facts About The Nervous System!

Our forehead and fingertips are the most sensitive to pain because of their greater density of nerve fibers.

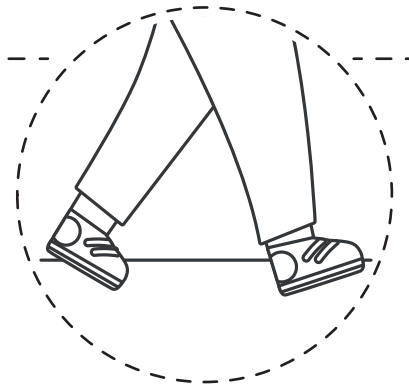


Every 0.1 square inch of your skin contains around 200 pain receptors.



After the age of 20, the human brain experiences a loss of neurons. Neurons die off faster than they are replaced, making our brains smaller.

The somatic nervous system consists of nerves that go to the skin and muscles. It is involved in conscious activities such as walking, blinking, swallowing, etc.



The autonomic nervous system consists of nerves that connect to the organs such as the heart. It controls unconscious bodily functions such as bowel movements, heart rate, crying, etc.

